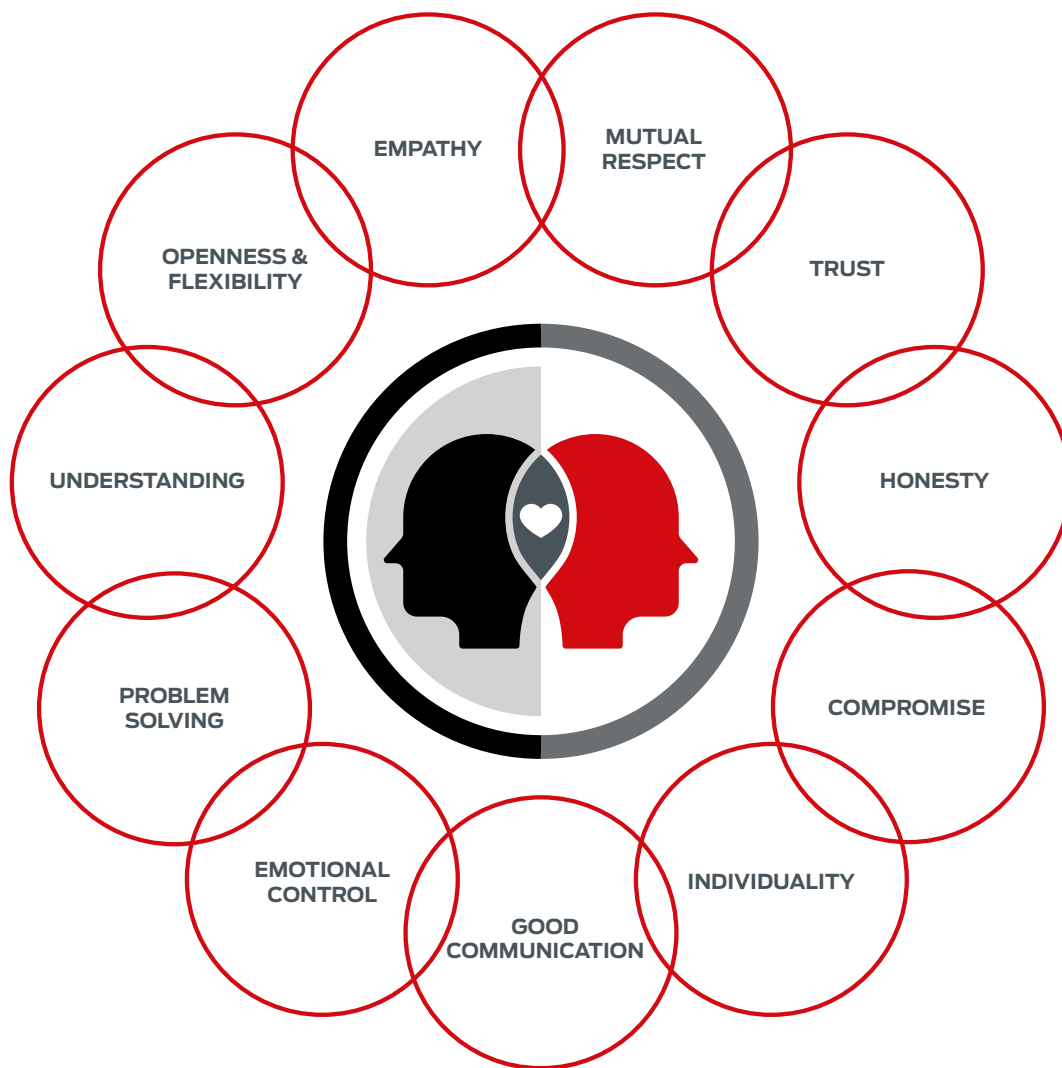


Characteristics of Healthy Relationships

When two people are in a healthy relationship, they both feel safe, respected and accepted for who they are. By modelling healthy relationships and building inclusive sport environments, we can all help sport participants thrive throughout their lives.



The Support through Sport eLearning series and resources educate coaches on how to promote healthy relationships in and through sport.

Learn more at coach.ca/SupportThroughSport.

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