

COMPETITION



National
Coaching
Certification
Program

LACROSSE

COMPETITION
INTRODUCTION

Association
canadienne
de crosse



Canadian
Lacrosse
Association





COMPETITION INTRODUCTION

As a competitive sport coach, your athletes will look to you for motivation, and for ways to help them improve their levels of concentration, intensity, and commitment. Through this clinic you will gain the knowledge and techniques needed to prepare your team for higher levels of play, both mentally and technically.

LEARNING OUTCOMES

Upon completing this clinic you will be trained to:

- Support athlete development in training and competitive environments;
- Make interventions that promote learning;
- Help athletes to be mentally prepared for competition;
- Make ethical decisions.

CLINIC STRUCTURE

This 10 to 14 hour clinic (spread over 1½ to 2 days) consists of a mix of classroom work and either on-floor (for box lacrosse coaches) or field exercises (for men's and/or women's field lacrosse coaches).

PRIOR LEARNING

Community Coach Development Trained status is required. In some regions, coaches may also need to register online and complete a pre-clinic assessment.

EVALUATION AND CERTIFICATION

Completing the Competition Introduction clinic will give you *In Training* status.

In order to receive *Trained* status, you must complete the **Evaluation Workbook**.

In order to receive *Certified* status, you must complete the **Support to Athletes in Training** evaluation (in-person or DVD) and the **Make Ethical Decisions** online evaluation.

AGE OF ATHLETES

13 to 16 years of age.

SIGN UP TODAY!

nccp.lacrosse.ca

Click **Register Now** or log in to begin.
Fees vary by province or territory.

The schedule and fees for the **Competition Introduction** clinic vary for each province and territory. If you have questions about the **Competition Introduction** clinic in your region, click on your province/territory below.



Why NCCP?

IT BEGINS HERE.

Coaches are mentors, motivators and leaders. Along with parents and teachers, coaches have a profound impact on the future of our children. It's a great responsibility, and Canada's two million coaches embrace it with passion and dedication.

The National Coaching Certification Program (NCCP) gives coaches the confidence to succeed. When you take an NCCP workshop, you'll not only gain sport-specific technical abilities, but also leadership and decision-making skills.

NCCP training will open doors to new opportunities in coaching and in life.

Contact us today!

To start on your pathway to certification visit us online at lacrosse.ca

Additional workshop information as well as sport nutrition tips, coaching resources and more are available on COACH.ca



NOTE: All information contained within this PDF is current as of AUGUST 2011.