

PETRO-CANADA SPORT LEADERSHIP SPORTIF VANCOUVER 2009

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Peter Twist

Peter Twist MSc BPE CSCS has coached in the National Hockey League for 11 years and is currently a consultant for several NHL players and agents. An exercise physiologist with an M.Sc with a specialization in Coaching Science, Twist has published over 400 papers, authored 10 books and 18 DVD's on athlete development and delivered lectures to thousands of trainers and coaches internationally.

Recognized as a leader in the sport conditioning industry, Twist has coached over 700 professional athletes and has been a headline presenter at all major international sport and fitness conferences, including CanFitPro, SCW Fitness, ECA, IDEA, NSCA, and the Australian Fitness Network. Peter was honored with the National Strength & Conditioning Association's 1998 Presidents Award and Can-Fit-Pro 2003 Specialty Presenter of the Year Award. Twist is the President & CEO of Twist Conditioning Inc. For more information or to contact Peter, visit www.twistconditioning.com.

