

**Dr. Charles H. Samuels, MD, CCFP, DABSM**



**Affiliations and Appointments**

1. Graduate
  - a. University of Calgary Medical School
  - b. University of Alberta Family Medicine Residency Program
  - c. Diplomate, American Board of Sleep Medicine
2. Medical Director, Centre for Sleep and Human Performance
3. Clinical Assistant Professor, Faculty of Medicine, University of Calgary
4. Principle Investigator,
  - a. Calgary Police Service: Health and Human Performance Research Initiative
5. Co-Investigator, Canadian Sports Centre, Calgary
  - a. Sleep and Human Performance Research Program: Focused on the development of a sleep screening tool for elite athletes and the understanding of the role of sleep in recovery for elite athletes.
  - b. Development of travel management and jet lag programs for the national and Olympic teams.
  - c. Dr. Samuels is a medical consultant to the CSC medical team and evaluates athletes with sleep disorders.