

PETRO-CANADA SPORT LEADERSHIP SPORTIF VANCOUVER 2009

NOVEMBER 12-15, 2009 • DU 12 AU 15 NOVEMBRE 2009 • SHERATON VANCOUVER WALL CENTRE

Matt Jordan, M.Sc., CSCS

Since 1998, Matt Jordan has been consulting with high performance sport and elite athletes. He is currently a strength and physiology consultant with the Canadian Sport Centre-Calgary, and he also operates a private business specializing in rehabilitation, specialized training, and performance training for elite and developing athletes. Matt holds a Master of Science in Exercise Physiology completing his research in neuromuscular physiology, and is an NCCP Level II Technical Weightlifting coach. Matt is the personal strength coach to over 20 World and Olympic medalists, and has worked with elite athletes and developing athletes from many sports including football, hockey, speed skating, cross country skiing, mixed martial arts and boxing. In addition to his work with athletes, Matt continues to perform research on cutting edge sport science techniques, and provides seminars around the world on strength training in high performance sport.

