

PETRO-CANADA SPORT LEADERSHIP SPORTIF VANCOUVER 2009

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Igor N. Burdenko, Ph.D.

Igor Burdenko is the founder and chairman of the Burdenko Water and Sports Therapy Institute. He has worked as a rehabilitation and training consultant to numerous athletes from the NBA, NFL, NHL, US and Russian Olympic Teams, top international dancers and figure skaters. He is on the Board of Directors of the National Youth Sports Safety Foundation for the Prevention of Athletic Injuries, a member of the American College of Sports Medicine and Aquatic Exercise Association.

Educated in Russia, Dr. Burdenko received his Ph.D. in Sports Medicine and M.S. in Physical Education. Dr. Burdenko has authored and co-authored four books and over one hundred articles on physical education, training, and conditioning. He presents seminars, lectures throughout the world, Certification Courses in the Burdenko Method and consults on the design and implementation of therapeutic and sports facilities.

More than forty years of experience and research have made Dr. Burdenko one of the world's leading authorities on the use of water and land exercise programs for rehabilitation, conditioning and training.

