



**Israel**  
**MINISTRY OF CULTURE & SPORT**  
**The Sport Authority**

**The Structure of Coach Education in Israel**

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# Background:

- Until 1988 there was no Law of Sport in Israel.

The Net Hollman School for coaches and instructors at the Wingate Institute was the only Coach Education body in Israel.



- The Law of Sport was passed in 1988.
- According to the law :  
“a person will not work as a sport coach or instructor unless he owns an authorizing certificate for the relevant sport branch”.



# • 1988 – 2003

The Law of Sport entered into force and there was only one recognized institution :

The Net Hollman School at Wingate institute.



## • 2003 :

A high Court of Justice decision determined that the State should publish its criteria for recognition, and every institution/body that requests to educate coaches and instructors and will pass the criteria, will be recognized as such by the State.



“Authorizing certificate”  
a certificate authorizing a person  
to work as a Coach or Instructor,  
issued by:  
A school recognized by the Minister  
of Sport.



A school outside Israel, as long as a committee, whose role is to examine and approve overseas certificates – or diplomas - has approved the certificate/diploma.



In Israel the associations/  
federations do not educate  
coaches, except for the Football  
Association and Bicycle Association  
in the last 2 years.



# The State's role:

The State determines the criteria's for acknowledging Coach Education institution/bodies.



•The State examines the requests of the institutions/bodys and grants its recognition as a Coach Education institution/body for coaches and/or instructors in the relevant sport branch.



- The State with the sports associations decides on the teaching program as well as the entrance conditions.
- The recognition is given to an institution / body for two years.



# The criteria for acknowledging a Coach Education institution/body:

1. A legal entity - a corporation  
Economic –Financial capability  
Employs skilled academic and professional staff in accordance with the regulations



-Owns orient appropriate sport facilities, equipment and class rooms Its teaching curriculum and program is in accordance to that decided by the State.  
The candidates have been approved in accordance to the entrance conditions.



# Professional Manpower for Educating & Training Coaches

B.A. and a Coach certificate + 7 years of experience in the given sport.

Except national coaches with at least 5 years experience in the first division .

## Lecturers

At least B.A. in the relevant scientific/academic area  
There are exceptions – with the State's approval.



# No. of Approved Courses(Not all were executed)

	Instructors	Coaches
<b>Total institutes/bodies</b>	<b>32</b>	
<b>No. of institutes/bodies</b>	<b>21</b>	<b>9</b>
<b>No. of Sport branches</b>	<b>80</b>	<b>46</b>
<b>Total no. of courses</b>	<b>565</b>	<b>137</b>
<b>No. of courses in individual sports</b>	<b>436</b>	<b>105</b>
<b>No. of courses in team sports</b>	<b>48</b>	<b>32</b>



# Structure of the Teaching Program today

	<b>Instructors</b>	<b>Coaches</b>
<b>Theoretical training</b>	<b>60 hours (anatomy, physiology, psychology, theory of training +20 hours first aid)</b>	<b>155 hours (anatomy, physiology, theory of training , children training, strength &amp; physical condition , psychology, nutrition, sport injuries)</b>
<b>Practical training</b>	<b>140-180 hours</b>	<b>175-195 hours</b>
<b>Tutoring -Experience</b>		<b>100 hours</b>
<b>Total hours</b>	<b>220-240 hours</b>	<b>430-450 hours</b>



- **Since 1999 –**  
31 additional institutions/bodies  
have been recognized  
as authorized Coach Education  
bodies.



- Out of the 31 bodies only 4 train coaches in a large number of sport disciplines.



# Comments

- The law/regulations did not define a period of experience.
- The coach education bodies are responsible for conducting the entrance and final examinations



- The certificates are issued and granted by the authorized bodies.
- The state is not issuing those certificates.
- There is no confirmation of the State of these certificates.



# And what next?

The sport authority following consultations with various relevant national & international experts and bodies and have decided to implement and adopt the European new Coach Education structure which is based on 4 levels.



This decision will lead us to make the relevant changes to the sport's law regarding the issue of training and authorizing coaches. We are working intensively to change this law during 2010. We intend to re-organize the whole process of authorizing coaches in Israel for the Olympic and non-Olympic sports.



<b>Old structure 2 levels</b>		<b>Future structure 4 levels</b>	
<b>level</b>	<b>hours</b>	<b>level</b>	<b>hours</b>
<b>Instructor</b>	<b>200-240</b>	<b>Master coach</b>	<b>800</b>
<b>coach</b>	<b>430-450</b>	<b>Senior coach</b>	<b>400</b>
		<b>Coach</b>	<b>200</b>
		<b>Assistant coach</b>	<b>100</b>



In addition, our recommendation is that coach education courses for levels 1-2, should be opened for everyone who meets the criteria for that goal. While we hope that the education of coaches for level 3 and 4 will be the sole authority of the Wingate Institute.



In addition in order to enhance the structure of coaches the sport authority is initiating the establishment of: “Israel coaching Association” in cooperation with all steke holders concern.



# Thank you for your attention



Association  
canadienne  
des entraîneurs

