

CAC Coaching Research Symposium November 6-7, 2008 in Calgary, Alberta

(Simultaneous translation available)



Thursday, November 6

13:00

The Symposium will begin with descriptions of two key research projects:

- Since the inception in 2006 of the CAC “**We are coaches**” program, **Dr. Guylaine Demers, Laval University**, has measured the outputs and documented the process used by this program to increase the number of women coaching at the community level in softball, hockey, and soccer.
- **Dr. Ian Reade from University of Alberta** has conducted the most extensive research on Canadian high performance coaches since the early 1990s, to determine their employment conditions, education, and roles, responsibilities, and expectations. **The “Status of the Coach” study** will present a baseline against which to measure new programs for the development of high performance coaches.

14:15

Panel Discussion: Long-Term Athlete Development

Approaches to athlete development – from policy to implementation

This panel discussion will feature presentations concerning the Australian and Canadian approaches to athlete development.

John Armstrong, from the Australian Sport Commission Coaching and Officiating Unit, will present a paper titled “A Comparison of Sports Development Policy and Its Effects”, where he will compare the National Junior Sports Framework adopted by the Australian Sports Commission with the Long-Term Athlete Development (LTAD) model used in Canada.

Steve Norris from University of Calgary, one of the leaders of the Canadian LTAD approach, will describe how the LTAD model needs to be integrated into all aspects of the Canadian sport delivery system.

Christian Hrab, the High Performance Director of the Canadian Snowboard Federation will provide specific examples of the application of LTAD in one sport.

A discussion period will follow.

15:30

Break

15:45

Posters – Learning and Coaching Tools

1. Practice is not equal to competition: Finding differences in rowing style using video analysis

Daniel Bechard, Angela Kedgley, Mei Want, Volker Nolte, and Thomas Jenkyn

2. The influence of Internet on the learning experiences of Canadian coaches: A comparison between individual and team sports coaches

François Lemyre, Pierre Trudel, and Diane Culver

As of October 24, 2008

3. **Coaches' use of and impressions of computer-mediated communication (CMC) media in their interpersonal communication with their players**
Kevin Lawrie and Philip Sullivan
4. **How coaches learn through observation**
Amanda Rymal, David Hancock, and Diane Ste-Marie
5. **Athletes' perspective of life skill development in high school sports: Implications for coaches**
Martin Camiré and Pierre Trudel
6. **Creating positive coaches: The effects of prosocial behavior based program on coach sportsmanship**
Mary Sara Wells and Skye Arthur-Banning

16:40 *Oral Presentation*

7. **A Foucauldian reading of talent identification in UK soccer: A problem of identity?**
Luke Jones

17:00-18:00 *Wine and cheese*

Friday, November 7

08:30 "Learning to coach: A reflective process" by Dr. Jennifer Moon, Bournemouth University

Based on her book 'A Handbook of Reflective and Experiential Learning' (Moon, 2004), Dr. Moon will describe the importance of reflection in the development of coaching excellence.

Coaches' Lifelong Learning by Dr. Pierre Trudel, University of Ottawa

Based on a review of literature on coach education effectiveness, Dr. Trudel will answer the following questions: How do coaches learn to coach?, and How can we measure coach education effectiveness?

10:30 *Break*

10:45 *Oral Presentations*

8. **Following the process of implementing a new Competition – Development program in the sport of Triathlon**
Aman Hussain and Pierre Trudel
9. **How Canadian national level coaches learn from athletes**
Jean-François Ménard, Pierre Trudel, and Penny Werthner
10. **A study on communications in sports coaching: Review of a four-year research**
Martin Roy, Sylvie Beaudoin, Gino Perreault, Sylvain Turcotte, and Carlo Spallanzani

11:30 *Closing Remarks: The importance of research in improving the effectiveness of coaching programs.*