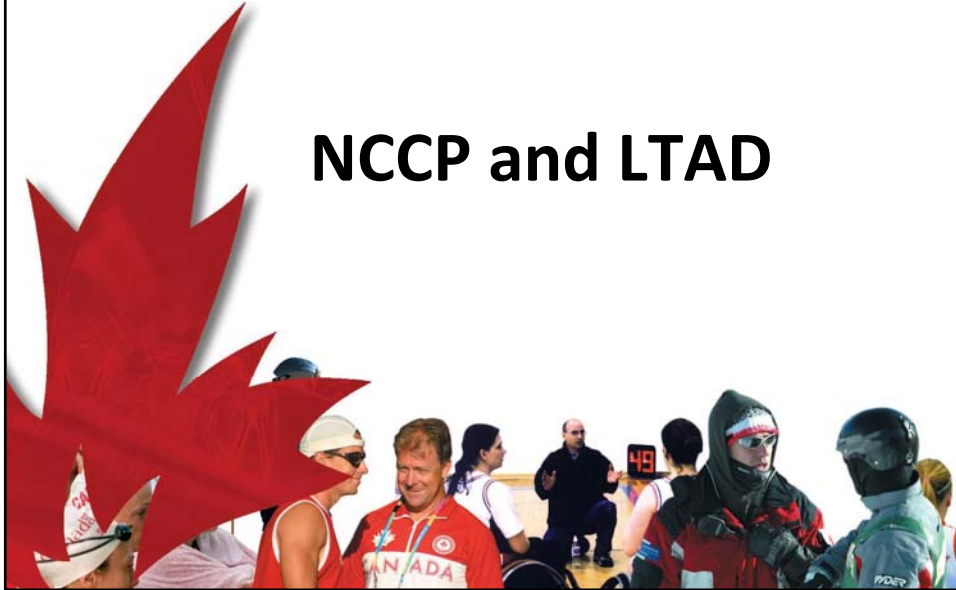


NCCP and LTAD



OVERVIEW

- Introduction/Reflections
- NCCP – LTAD Alignment and Collaboration
 - current
 - future
- LTAD key principles
- Sport-specific Best Practices
- Table Interaction/Recommendations
- Wrap-up

LTAD & NCCP

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HOW DO YOU BELIEVE THE NEW NCCP AND LTAD/CANADIAN SPORT FOR LIFE ARE ALIGNED?

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New NCCP

Contextualized

Instructional Design
methodology

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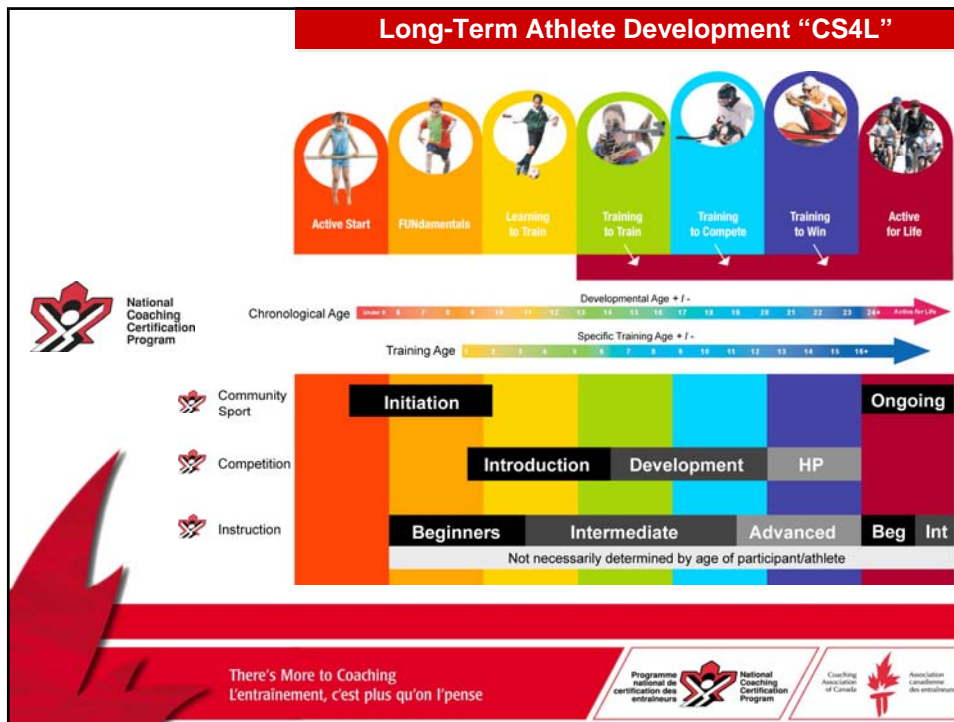
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NCCP-LTAD Collaboration/Integration

- Fundamental Movement Skills (FMS)
- Parent Education
- Multi-Sport Resources
- Sport-specific integration requirements

LTAD & NCCP

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Fundamental Movement Skills (FMS)

- **LTAD expert Colin Higgs was primary content developer**

HS Student Leadership	Community Leader	Coach PD
8 hours	8 hours	3 hours

LAUNCH: JANUARY 2009

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NCCP-LTAD Parent Education

- **[Parent Education](#) Tool for Coaches**
- **[Parent Handout](#)**
- **[Comprehensive Parent Guide](#)**

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NCCP Multi-Sport Materials

- Plan a Practice & Design a Basic Sport Program
distribution of LTAD materials
Revision cycle = chrono age -> dev age
- Competition – Development context materials
- NCI Curriculum Development
 - Comp-Dev Advanced Gradation
 - Comp-HP

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SPORT SPECIFIC BEST PRACTICES

(Volume 2 materials)

NCCP and LTAD = same language

LTAD materials used as reference materials that
replace generic information.

LTAD materials provided to all coaches

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Aligning NCCP and LTAD Best Practices

Note: Context approval process requirement

Golf	Table Tennis	X-Country Skiing	Diving
Judo	Volleyball	Canoe	Basketball
Triathlon	Baseball	Snowboard	Synchro Swimming
Equestrian	Speed Skating	Taeknowdo	Gymnastics
	Rugby		

LTAD & NCCP

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Developing NCCP and LTAD in Tandem

Sports who used a common core of human resources on both NCCP and LTAD working groups:

Equestrian	Curling	Figure Skating
Canoe	Basketball	Hockey
Baseball	Snowboard	Biathlon**
Diving	Taekwondo	Golf
	X-County Skiing	

**** Biathlon coaches working on LTAD were eligible to use the experience towards achieving NCCP Level 4/5 Task 16.**


LTAD & NCCP

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TAEKWONDO CANADA



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LTAD framework is integrated directly into the reference material. Coaches specifically use the material throughout the process of putting together appropriate training plans, and identifying training priorities for the Analyze Performance and Design a Sport Program.

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LTAD document will replace generic materials in the reference booklet during the planning a practice section in their Equine Theory workshop (I-B and Comp-Int);

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DIVING PLONGEON CANADA

Skill matrix is used as the reference model for the Analyze Performance component of their Comp Dev workshop.

LTAD framework document used for the sportification of their Comp-Dev coach evaluation criteria

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Active Start coach specialization program is designed for coaches of children aged 0-6, also according to the LTAD guidelines and focusing on the development of fundamental movement skills.

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BEST PRACTICE: Snowboard

- NCCP coach outcomes, criteria and evidences are integrated within their LTAD framework.

- LTAD tactical and technical skills are used as referent models for each NCCP context.

- NCCP and LTAD are completely integrated and coaches use the Snowboard LTAD materials during Coach training workshops.

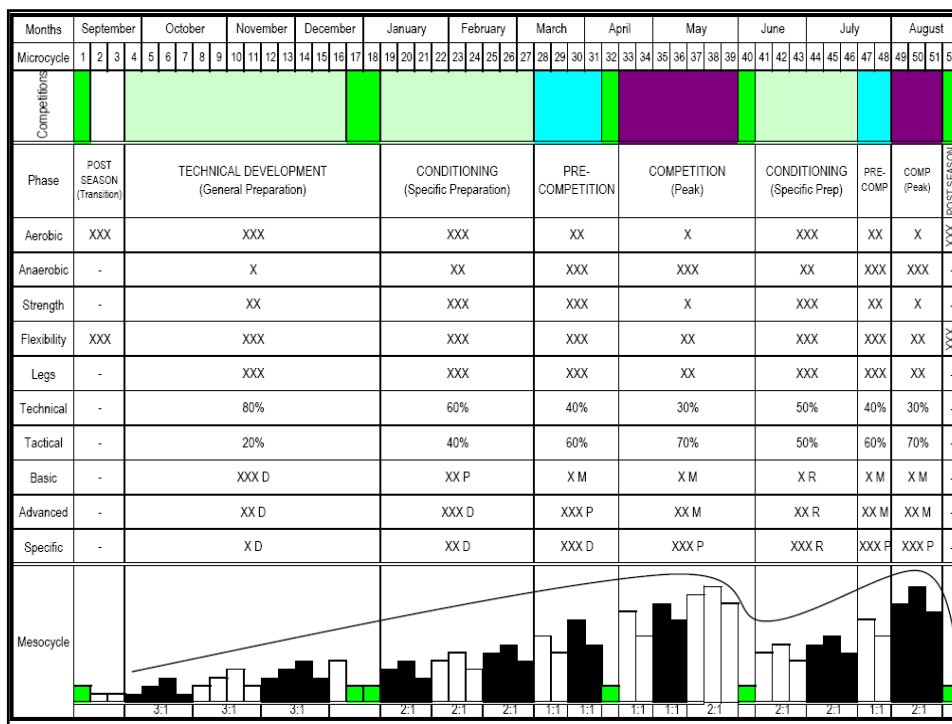
Christian Hrab

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NCCP – LTAD Future Projects in Discussion

- PHV eLearning
- Sport/Recreation leaders in multi-sport setting workshop
- Comprehensive Sport-specific Resource manual
- LF training module on LTAD
- What else??

LTAD & NCCP

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Q & A

