

Institutes of Sport



International Comparisons

- All the leading sport nations in Olympic and Paralympic sport use variations of facility based “**sport institutes**”
- Such institutes are facility based and provide a variety of **sport specific training facilities, sport science and sport medicine facilities, generic training facilities** and in some cases **residential facilities.**
- High Quality Staff (**Coach & Support Service**)



Australia



- Australian Institute of Sport (AIS) \$40 million per annum
- Eight state/territorial sport institutes/academies (SIS/SAS) \$45 million total annually

Unites States of America

- Colorado Springs
- Lake Placid
- Chula Vista
- Marquette

\$300 Million over the Quadrennial



France



- Institut National du Sports et de l'Education Physique (INSEP)

\$225 million renovation started in 2004

UK

- English Institute of Sport (EIS)
- Network of nine regional multi-sport hubs and satellite centres that provide world class support services





Queensland Academy of Sport





Components



- Sport Programs
- Athlete & Coach Support Services (ACSS)
- Regional Services
- Business Services
- Centre of Excellence for Applied Sport Science Research

Sport Programs



- 25 Programs across 21 Sports
- 26 Full Time Coaches
- Individual Scholarships
- International (14) and Development (11) Programs
- Talent Search

Athlete Coach Support Services

Sport Science

Strength and Conditioning

Athlete Career Education

Sport Medicine



Regional Services

**Tyranny of Distance & Lack of
Population**

Whole of State

Regional Training Programs

Regional Achiever Scholarships

**Integrated with State Sporting
Organisations**



Business Services



Human Resources

Financial Management

Public Relations

Liaising with Department

Centre of Excellence for Applied Sport Science Research



Research Focus

Industry Placement Program

Project Funding

Technology Development

QAS Swimming (Case Example)



Event	*Gold	*Silver	*Bronze	*Total	World Records
2004 Athens Olympic Games	4	3	2	9	3
2005 FINA World Championships	9	4	2	15	2
2008 Beijing Olympic Games	5	1	1	7	3

* Medals are counted as one per relay event.

QAS Swimming Program



The QAS directly employs the Head Coach and the Coach of the Queensland State Swimming Centre (QSSC)

HC role (non-coaching, development of coaches, coordination of the program and services, and technical direction)

The QAS also supports Network Coaches and Programs through individual MOU's

QAS Swimming (Case Example)



QAS Cash contribution	\$318,750
NSO Cash contribution	\$110,000
NSO SIS/SAS Payments	\$110,000
SSO Cash contribution	\$ 10,000
QAS Support services	\$192,697
QAS Regional program	\$ 60,000
SSO Vehicle contribution	\$ 12,000
Total	\$813,447

QAS Swimming (Case Example)

•Sport Science	\$144,355
•Strength & Conditioning	\$ 12,315
•ACE	\$ 17,312
•Medicine	\$ 18,714
•Total	\$192,697



QAS Swimming (Case Example)



- 25-30% selection (minimum 8 QAS athletes) onto Australian Team
- 2 individual gold medals at Worlds or Olympics
- 6 individual medals at Worlds or Olympics
- 2 rookies onto team for Worlds or Olympics
- 3 coaches onto staff for Worlds or Olympics

Conclusion



- Athlete Centred, Coach Driven, Service Supported (performance based) philosophy required
- Right balance between coaching and management is critical
- Multi-disciplinary team environment necessary