

Comp Int Evaluation Assessment

Philip Sullivan

CAC Research Committee
Dept of Physical Education and
Kinesiology, Brock University

Background

- With the transition from the “new” to the “old” NCCP, there is a need to validate the evaluation process
- Part of this evaluation is from the perspective of the coaches
- Because the largest number of coaches are in Competition-Introduction, this is was our target group



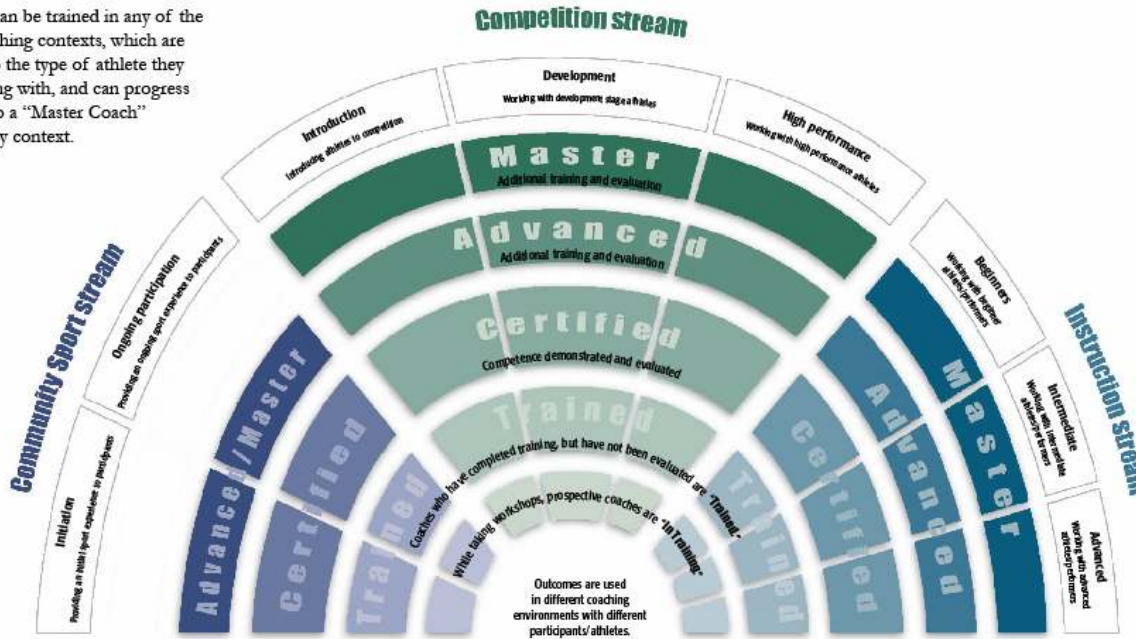


National Coaching Certification Program

THE GOAL: Coaches who can demonstrate their competence



Coaches can be trained in any of the eight coaching contexts, which are specific to the type of athlete they are working with, and can progress through to a "Master Coach" level in any context.



Coach Certification

The National Coaching Certification Program certifies coaches who have demonstrated their ability to apply critically important competencies in coaching situations relevant to the athletes they coach. This means that coaches must not only know about coaching but be able to demonstrate their ability to apply this knowledge in the coaching situation. Certification is valid for no longer than 5 years and professional development is required to maintain certification.

Community Sport stream

Initiation (Csp-Init)

New participants are encouraged to participate in the sport and introduced to sport basics in a fun, safe, and self-esteem building environment regardless of their ability.

Ongoing participation (Csp-Ong)

Participants are encouraged to continue participating in the sport for fun, fitness, skill development, and social interaction.

Competition stream

Introduction (Comp-Int)

New sport participants are taught basic sport skills and athletic abilities in a fun and safe environment and are typically prepared for local and/or regional level competitions.

Development (Comp-Dev)

Developing athletes are coached to refine basic sport skills, to develop more advanced skills and tactics, and are generally prepared for performance at provincial and/or national level competitions.

High performance (Comp-HP)

High performance athletes are coached to refine advanced skills and tactics and are typically prepared for performance at national or international level competitions.

Instruction stream

Beginners (Inst-Beg)

Participants of all ages, with little or no sport experience, are taught basic sport skills.

Intermediate performers (Inst-Int)

Participants, who already have some experience and proficiency in the sport, are taught to refine basic skills and introduced to more complex techniques.

Advanced performers (Inst-Adv)

Participants, who are experienced and already proficient in the sport, are taught to refine advanced skills and techniques.

Training and certification are generally designed for coaches working in a particular stream with a target group of athletes. Becoming certified to coach other target athletes, or in other coaching streams, requires additional training and evaluation. Previous coach education and experience is recognized. By demonstrating important NCCP coaching competencies, progress towards certification is achieved.



The five core competencies are made concrete through specific coaching outcomes.

There are five NCCP core competencies.

Additional coach education opportunities are available to coaches that are "In Training", "Trained", or "Certified". These opportunities may be used as personal development, as a step towards training or certification in another coaching stream, or for certification to work with different types of athletes. They may also be used to meet the requirements of certification and for the maintenance of certification.

Stream 2 – Competition

- Coaches in the Competition stream usually have previous coaching experience or are former athletes in the sport. They tend to work with athletes over the long term to improve performance, often in preparation for provincial, national, and international competitions.
- The Competition stream has three coaching contexts:
 - [Introduction](#)
 - Development
 - High performance.



Portfolio

Direct Observation

- Self Assess.
- Athlete Assess.
- Peer Assess.
- Parent Assess.
- Mentor Assess.
- In-training Evaluation

Supporting Documents

- EAP
- Practice Plans
- Season Plan
- Competition Reports
- Athlete / Team Progress Reports
- Athlete / Team Performance Assessment
- Communication Documents
- Observation of other coaches
- [Make Ethical Decisions Online Completion](#)

Projects and Indirect Observation

- Log Book
- Workbook
- Video / Audio Submission
- Assignments / Tasks
- Position Paper / Project
- Interview
- Video Evaluation
- Online Evaluation
- Exam

Research Question

- What are coaches' perception of the Comp Int evaluation procedures?

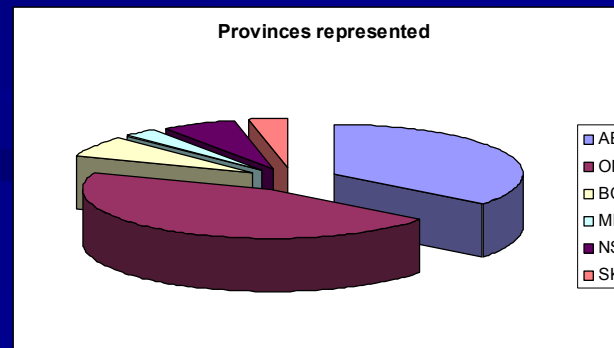
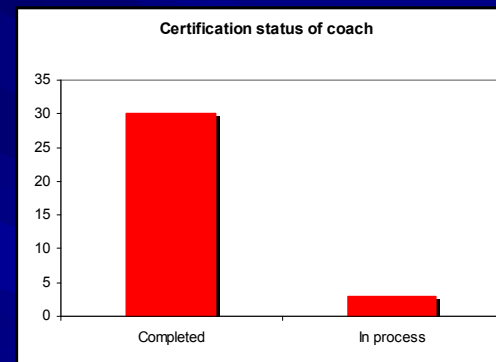
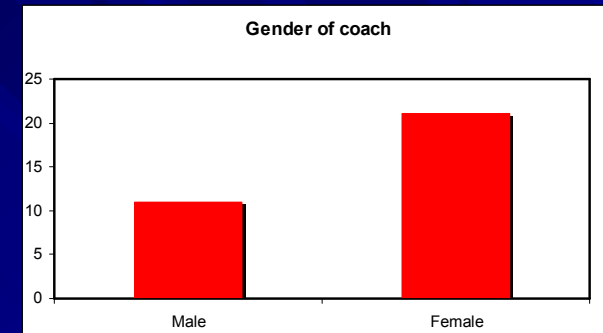


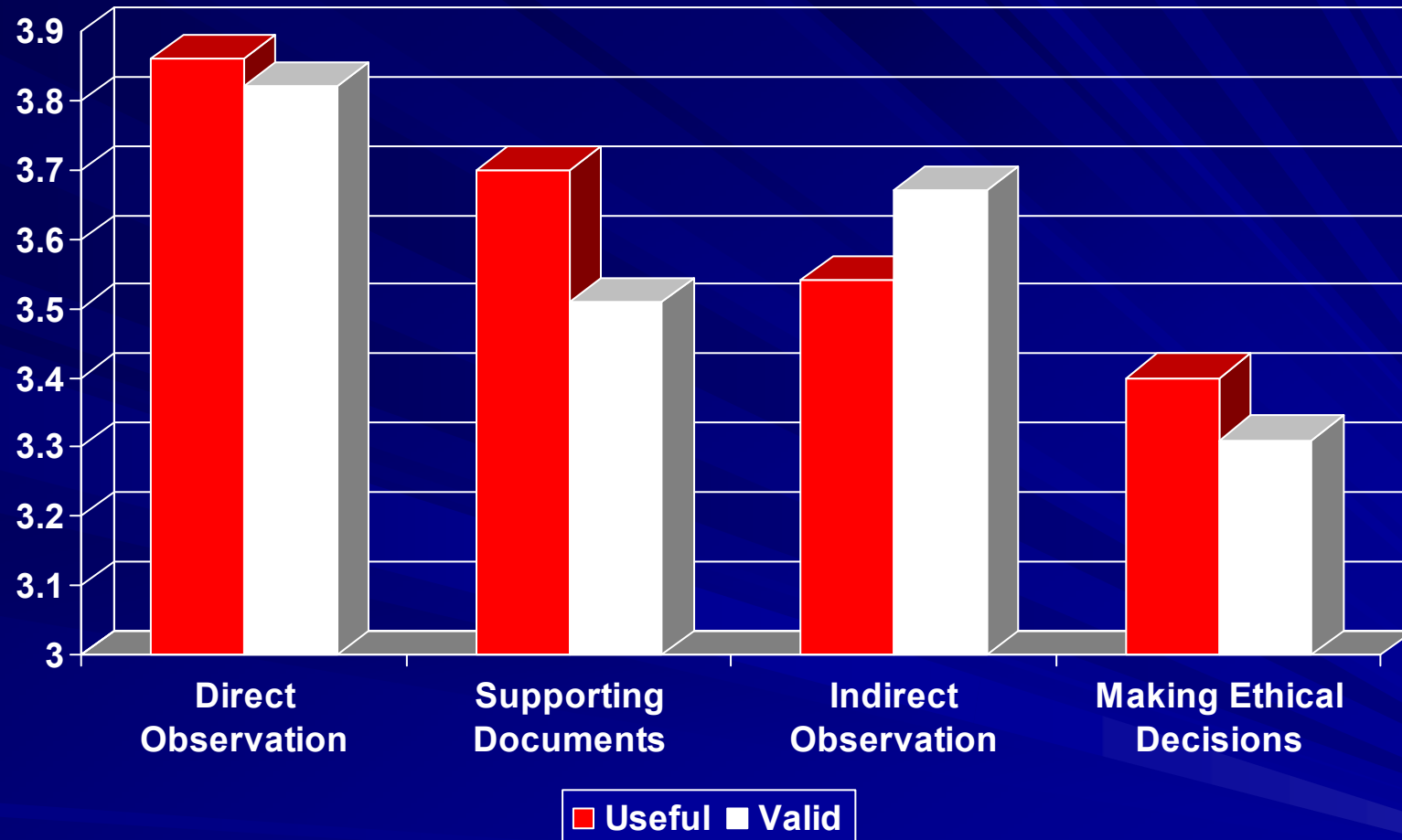
Survey

- A survey was generated to assess coaches' perceptions of *validity* and *usefulness* of all aspects of the Comp Int Evaluation
 - Direct and indirect observation
 - Supporting documents
 - Making Ethical Decisions
- Survey included both quantitative and qualitative questions

Sample

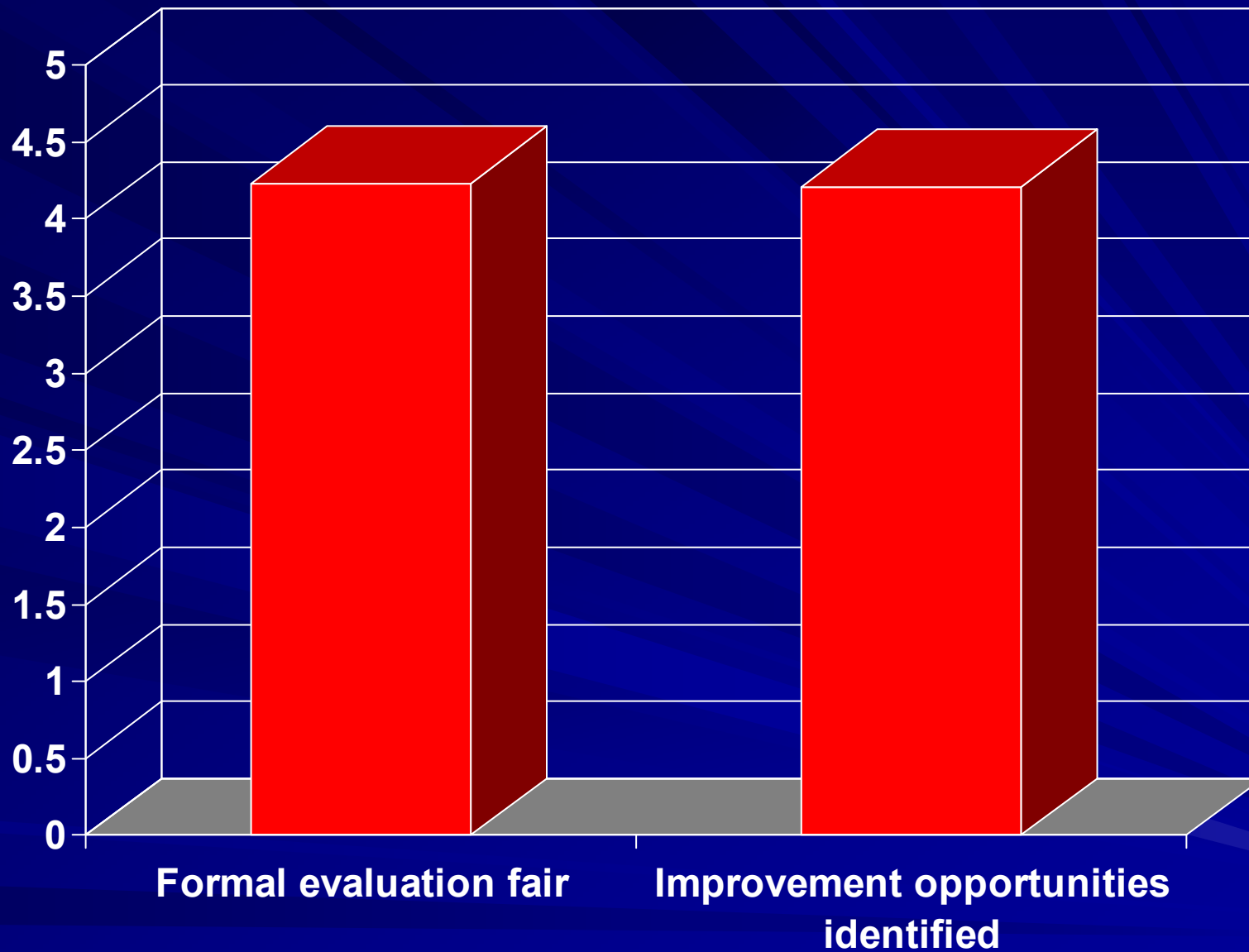
- Sample of 34 coaches complete the survey online or through email
- Sports included: ringette, softball, swimming and triathalon





Global Impressions

- Formal observation was a *fair* evaluation of my coaching abilities
- During the debrief, the evaluator identified avenues for me to *improve* any areas identified as a weakness



Portfolio

■ Most useful part

- **Many coaches said the entire portfolio was useful**

It made me update my resume and put together a concrete list / referral network for my athletes. I also found that the video technique analysis portion required me to articulate my coaching philosophy, and I have stated in many times since I completed the Comp Intro program.

■ Least useful part

- **Overall, mostly positive comments**

I found relating my Africanus passion to the youth general ages. From coaches I was teaching teams in there teens some of the info did not apply

Debrief

■ Most useful part

Getting the
The triangular
assessment not only
being observed but also
experienced coaches
having to
in a non critical
observe/debrief others.
manner
I found by the end of
the course my
observation and critical
appraisal skills had
improved significantly

■ Least useful part

Depending on the
situation, it may be
very difficult to
properly include all the
required aspects of
the practice. Many
people find the
evaluation very nerve-
racking and to
try to "fit in" all of the
components may
become an issue.
trying to read
it than actually
observing

Would you recommend Comp Int?

I thought I new what to do. Boy was I wrong. Playing the game and thinking you can coach without training is wrong.

I tell everyone that coaches even in other sports to take the new clinics. They are great.

Even if you do a little coaching before taking the course it will reinforce what you already know and give you confidence

Quite simply I am a better coach for having taken this course.

Conclusions

- Comp Int evaluation procedures appear to be valued by coaches
- Suggestions for improvement:
 - Be more cost effective
- Small sample size, response rate

