

The Coaching Act: A Social Process

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The Coaching Process

- Coaching “knowledges”
- Dominant knowledges (power)
- Social dimensions of sport

The Knowledge of Sport

- Tactics
- Training theory
- The “good” player

Michel Foucault

- Power as relational
- Burnout: An individual problem?

The Social Construction of Knowledge

- “Knowledge is constructed socially and arises from the language we use in particular contexts, rather than being given and applied in those contexts” (Gergen, 1988).
- What about the blood, bones and muscles of sport?

Experience as Knowing

- Implicit coaching knowledge
- A coaching philosophy
- Individualism

Michel Foucault

- The formation of the self
- A challenge to tradition
- Effective coaching as an “invention”

Conclusion

- The coach's "critical toolbox"
- Innovation through change