



National  
Coaching  
Certification  
Program

Programme  
national de  
certification de  
entraîneurs



## Sport: Diving

Discipline: n/a

Context: Instruction – Beginners

Program Title: Diving Instruction-Beginner

Participant age group: 5-18 years

Estimated number of participants: 9000

Age range of coaches: 14-65 years

Estimated number of coaches: 1000

Date of conditional approval: May 2009

Official launch date (both official languages): March 2010

### Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Provide Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program	n/a	n/a
Support the Competitive Experience	n/a	n/a
Manage a Program	n/a	n/a
**Sport-specific outcomes	n/a	n/a

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

All modules are fully integrated into the Diving workshop

### Training Description:

- Course is one weekend in length. Can also be done over several evenings.
- Includes classroom time and hands-on work at a pool
- Workbook is included to supplement the training

### Evaluation Description:

- Portfolio includes emergency action plan for instructor's facility, and practice plans for a Learn to Dive session at their pool
- Portfolio is completed while instructing a minimum of two Learn to Dive sessions at a pool under the supervision of a certified Instructor
- Coach observation is done at a practice, based on submitted practice plan
- Must successfully complete the Make Ethical Decisions module online evaluation

### Learning Facilitator & Evaluator Training:

- Weekend training conducted for facilitator training – also includes evaluator training
- Facilitators and evaluators have been trained across all provinces and in both official languages

### NSO Contact Information

[www.diving.ca/english/html/nccp.htm](http://www.diving.ca/english/html/nccp.htm)

Phone number 613-736-5238

### 3 most innovative features of your program:

1. Inclusion of review of potential safety issues at instructor's facility
2. Practical teaching practice and hands-on experience for each instructor candidate
3. One MLF was used for training of new LFs and evaluators across the country, for consistent messages, and for finalizing development of the context.



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