



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: 5 Pin Bowling

Discipline:

Context: Competition – Introduction

Program Title: Introduction to Competition

Participant age group: 4 - 90

Estimated number of participants: 50,000

Age range of coaches: 18 and up

Estimated number of coaches: 250

Date of conditional approval: February 23, 2010

Official launch date (both official languages): August 2010

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Provide Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program		
Support the Competitive Experience	T	
Manage a Program		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

None

Training Description:

- This 2 ½-day workshop (20 hours) requires meeting space and bowling centre facilities (3 hours)

Evaluation Description:

- *Complete EAP, lesson plan for novice bowler, lesson plan for skill level they are teaching*
- *Formal observation based on professionalism, support the bowler in training, delivery of a practice plan, analyzing performance (detect & correct)*
- *To ensure all evidences are verified in order to meet or exceed standard criteria*

Learning Facilitator & Evaluator Training:

- This is a 2½-day workshop that trains LFs and Evaluators
- LF training will train LFs in adult learning principles and will provide LFs with the competency to teach the Introduction to Competition workshop
- The Evaluator training will train Evaluators on policies and procedures related to the evaluation

NSO Contact Information

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canadienne
des entraîneurs

3 most innovative features of your program:

1. Integration of the multi-sport modules allows for a one-stop coaching program that allows coaches to advance from the Community Sport – Initiation program to advanced programs working with elite athletes.
2. Classroom and bowling centre training sessions provide hands-on learning opportunity.
3. Long-Term Athlete Development has been integrated into the Introduction to Competition material.