



National  
Coaching  
Certification  
Program

Programme  
national de  
certification des  
entraîneurs



## Sport: Softball

Discipline:

Context: Competition - Introduction

Participant age group: 10 - Adult

Estimated number of participants: 50,000

Age range of coaches: Youth-Adult

Estimated number of coaches: 15,000

Date of conditional approval: March 16, 2005

Official launch date (both official languages): March 16, 2006

### Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program		
Support the Competitive Experience	T	
Manage a Sport Program		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

None  
Integrated Delivery

### Training Description:

- *Two workshops for training "WHAT TO COACH COURSE" and "HOW TO COACH COURSE"*
- *Each workshop is 2 days in duration. Courses can be delivered on a modular basis.*
- *WHAT TO COACH course integrates MSM Planning a Practice and Make Ethical Decisions. This is supplemented by Analyze Performance – Detecting. Also includes Softball technical content.*
- *HOW TO COACH course integrates MSM Teaching and Learning. This is supplemented by Analyze Performance – Correcting and Supporting the competitive experience. Also includes Softball technical content.*

### Evaluation Description:

- *Coach must submit portfolio prior to evaluation, which includes practice plans, EAP, etc.*
- *Coach evaluation can occur in an evaluation camp or within the coach's own practice environment, which shows coach candidate in practice.*
- *Camp setting requires the coach to attend Planning session (2-3 hours) where they work with 2-3 other coaches to explain their practice plan as these coaches will be acting as Assistant Coaches during the running of a 45 minute practice. Each coach must bring 3-4 athletes to a half-day camp. Coaches working in groups of 2-3 will run a 45 minute practice session each with the athletes that they brought. During the other half of the day, the coaches will participate in a video analysis evaluation on the basic skills of softball. Up to twelve coaches can be evaluated using two Evaluators.*

**Learning Facilitator & Evaluator training:**

- *MLF and Evaluator training occurred in January 2005 and September 2006. MLF and Evaluators meet annually for updates and training.*
- *Provincial/Territorial LF training to meet regional demands.*

**NSO Contact Information**

Lise Jubinville  
 Manager – LTAD/Coaching Services  
[ljubinville@softball.ca](mailto:ljubinville@softball.ca)  
[www.softball.ca](http://www.softball.ca)  
 (613) 523-3386 ext. 3108



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**3 most innovative features of your program:**

1. Four-day training program over two weekends.
2. Option of coaches to be evaluated at a training camp using context-specific athletes.
3. Evaluation of portfolio ensures that coaches are ready to attend evaluation.

OUTCOME	CRITERIA	Multi-sport module	Integration
<b>Make Ethical Decisions</b>	<ul style="list-style-type: none"> <li>▪ Apply correctly the NCCP make ethical decisions process.</li> </ul>	Part A Make Ethical Decisions	YES
<b>Provide Support To Athletes In Training</b>	<ul style="list-style-type: none"> <li>▪ Verify that the practice environment is safe.</li> <li>▪ Implement an appropriately structured and organized practice.</li> <li>▪ Make interventions that promote learning.</li> </ul>	Part B Teaching and Learning	YES
<b>Plan A Practice</b>	<ul style="list-style-type: none"> <li>▪ Identify appropriate logistics for practice.</li> <li>▪ Identify appropriate activities in each part of the practice.</li> <li>▪ Design an emergency action plan.</li> </ul>	Part A Planning a Practice	YES
<b>Analyze Performance</b>	<ul style="list-style-type: none"> <li>▪ Detect basic softball skills and tactics</li> <li>▪ Correct basic softball skills and tactics</li> </ul>		YES
<b>Support the Competitive Experience</b>	<ul style="list-style-type: none"> <li>▪ Prepare athletes/team for readiness in competition.</li> <li>▪ Make effective interventions during and after the competition.</li> </ul>		YES
<b>Design a Basic Sport Program</b>			
<b>Manage Aspects of a Sport Program</b>			