



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Coaching
Association
of Canada

Association
canadienne
des entraîneurs



canadian snowboard Federation
Fédération canadienne de snowboard

Sport: Snowboarding

Discipline: Freestyle

Context: Competition – Introduction

Participant age group: 14 to 50 Estimated number of participants: 2,088

Age range of coaches: 16 to 50 Estimated number of coaches: 1,204 since 1993

Date of conditional approval: May 10, 2007

Official launch date (both official languages): November 1, 2007

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program	T	
Support the Competitive Experience	T	
Manage a Sport Program		
**Sport-specific outcomes		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

1. Multi-sport modules (MSMs) Part A
2. Multi-sport modules (MSMs) Part B

Training Description:

- *Basic Coach workshop:*

3 days/24 h; 16h on snow/6h indoors + MSMs Part A

- *Comp Intro Workshop:*

5 days/40 h; 30h on snow/10h indoors + MSMs Part B

- *Innovative approach:* Coach snowboard skills must match recommendations for athletes who are in the previous LTAD stage to that of the training being offered

Evaluation Description:

- *Portfolio details: 7 components*

MSMs Parts A & B (or Level 1 & 2 Theory), Demonstrate the Train to Train riding, Successfully complete the NCCP Make Ethical Decisions online evaluation recommendation, Essay/video on technical progression, Mentor a Basic coach, Self guided learning

- *Coach observation details*

On-hill evaluation: 1h pre-brief, 2h during training, 2h de-brief

- *Mentorship*

See portfolio

- *Implementation details*

Director + Coordinator + online registration (<http://www.csf.ca/en/coaching/>) = implementation

3 most innovative features of your program:

1. 2 workshops: Basic coach for non-discipline specific training (L2T) & the Comp Intro (T2T) for event specialisation of Speed or Air
2. Workshops are linked, aligned and provide complementary curriculum to our LTAD Plan as in-depth stage specific information
3. Mentoring previous context active coach is part of portfolio evaluation requirements

Learning Facilitator & Evaluator training:

- Training process

1) I.D and selection 2) LF Training Workshop 3) Co-Facilitation/rookie 4) Practice delivery

- National implementation

Director + Coordinator + online application (<http://www.csf.ca/en/coaching/>) = implementation

OUTCOME	CRITERIA	Multi-sport module	Integration
Make Ethical Decisions	<ul style="list-style-type: none"> Apply an ethical decision making process 	yes	No
Plan a Practice	<ul style="list-style-type: none"> Identify appropriate logistics for practice Identify appropriate activities in each part of the practice Design an emergency action plan 	Yes	Partial
Design a Sport Program	<ul style="list-style-type: none"> Outline program structure based on available training and competition opportunities Identify program measures to promote athlete development. Develop practice plans that integrate seasonal training priorities 	Yes	Partial
Analyze Performance	<ul style="list-style-type: none"> Detect performance Correct performance 	Yes	Partial
Provide Support to Athletes in Training	<ul style="list-style-type: none"> Ensure that the practice environment is safe Implement an appropriately structured and organized practice Make interventions that promote learning 	Yes	Partial
Support the Competitive Experience	<ul style="list-style-type: none"> Makes effective interventions during and after the competition Prepare for readiness in competition 	Yes	Partial
Manage a Program	none	Yes	non
SPORT SPECIFIC	none		

NSO Contact Information

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