



Sport: RUGBY

Discipline:

Context: COMMUNITY INITIATION

Participant age group: 5 - 12

Estimated number of participants: 2000

Age range of coaches: 18+

Estimated number of coaches: 150

Date of conditional approval: January 2005

Official launch date (both official languages):

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	
Plan a Practice	T	
Support to Athletes in Training	T	
Analyze Performance		
Design a Sport Program		
Support the Competitive Experience	T	
Manage a Sport Program		
**Sport-specific outcomes		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

Uses the CAC Community Sport workshop template.

Training Description:

This is an 8 hour workshop designed to introduce new coaches to non-contact versions of the sport of rugby. Non-contact rugby is used as an introduction to the game for children between the ages of 5 and 11. The target audience for community coach training often includes parent, but might also include students, recreation staff and teachers, among others. The course requires 3 hours of practice coaching and classroom sessions for modules such as 'Ethical Coaching'.

Evaluation Description:

The coaches are provided with two opportunities for practice coaching. After each session, they are evaluated by their peers, undergo a review of their coaching with the Learning Facilitator and also complete a self-assessment. Rugby Canada does not conduct a formal evaluation process or collect portfolio components for the Community – Initiation context.

Learning Facilitator & Evaluator training:

Learning Facilitator and Evaluator Training Workshops are to be delivered as necessary to maintain a large enough cadre of Learning Facilitators to be able to deliver a Community Initiation Workshop annually in each Province – necessary because parent volunteers will have a relatively short window of involvement.

Trained Learning Facilitators will also attend an annual training weekend to upgrade their skills on an ongoing basis.

NSF Contact Information

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Coaching Association
of Canada Association
canadienne
des entraîneurs

3 most innovative features of your program:

1. The Community Initiation Workshop for Rugby is a 'one-stop' course for coaches who can be trained in one day
2. The Workshop Kit includes a comprehensive set of coaching resources for coaches to draw – including a video on coaching skills
3. The Workshop Kit includes 'Toolkit' which the coaches can refer to as they 'problem-solve' as they progress through the workshop