



National  
Coaching  
Certification  
Program

Programme  
national de  
certification des  
entraîneurs



## Sport: Ringette

Context: **Competition Introduction**

Participant age group: **10+**

Estimated number of participants: 25,000

Age range of coaches: **16+**

Estimated number of coaches: 5,000

**Date of conditional approval:** March 31, 2005

Official launch date (both official languages): March 2006

### Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program	Gradation	E
Support the Competitive Experience	Gradation	E
Manage a Sport Program	Gradation	E
**Sport-specific outcomes	T	E

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

None. All training is integrated delivery.  
Ethics will be evaluated through the national online system.

### Training Description:

- *Workshop description 17 hours (15 classroom, 2 on ice). Multisport modules are integrated with Ringette technical and tactical information.*
- *Assessment activities 4 of the 17 hours are assessment based. Assessment is LF, self and peer based at different points. (2 classroom, 2 on ice)*
- *Innovative approach: 1 hour of classroom and 1 hour of on ice is skill teaching & learning from facilitator.*

### Evaluation Description:

- *Portfolio details: Coach contacts Evaluator to say he/she is ready for evaluation. Provides Practice Plan for Evaluation. If acceptable, date is made for on-ice evaluation. Meet with coach before and after for questions and debriefing.*
- *Coach observation details: Evaluator takes notes on form provided, conducts evaluation while on ice and provides feedback to coach immediately afterwards.*
- *Informal mentorship is possible between the evaluator and coach, according to the initiative of the coach*
- *Implementation details: Evaluators are qualified MLFs or LF's*

### Learning Facilitator & Evaluator training:

- *20 hour weekend workshop hosted by Ringette Canada, incorporating LF and Evaluator training*
- *National implementation: Ringette Canada sets the guidelines with MLF Training and Evaluation Procedures. National MLFs train the Provincial LFs and Evaluators.*

### NSF Contact Information

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### 3 most innovative features of your program:

1. Facilitation Based – Skill Teaching assisted.
2. Multiple opportunities for coaches to develop teaching and speaking skills, with peer and LF feedback provided.
3. Focus of training is on concepts of Ringette coaching, while providing good resources to allow the coaches to design a practice that meets the specific developmental and technical needs of their team. Evaluation focuses on application of info.



Coaching  
Association  
of Canada

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canadienne  
des entraîneurs

<b>OUTCOME</b>	<b>CRITERIA</b>	<b>Multi-sport module</b>	<b>Integration</b>
Make Ethical Decisions	Using the NCCP Ethical Decision Making Framework, reflect on a simple ethical dilemma commonly encountered at the club level, identify what is at stake and indicate how s/he would deal with the situation		Integrated
Plan a Practice	Plan/design a practice plan that is purposeful, organized and appropriate for the age group, and that reflects safety considerations.		Integrated
Design a Sport Program	13 hour Gradation Workshop being designed		TBD – likely integrated
Analyze Performance	Use appropriate reference models to identify aspects of performance that the athletes need to improve		This is integrated with the Plan a Practice module and technical module
Provide Support to Athletes in Training	Implement the above plan during an on-ice session that is enjoyable, safe and structured, consistent with the NCCP philosophy and values.		This is integrated through various parts of Teaching and Learning that have been modified for sport specific delivery
Support the Competitive Experience	13 hour Gradation workshop being designed		TBD – likely integrated
Manage a Program	13 hour Gradation Workshop being designed		TBD – likely integrated
SPORT SPECIFIC	Ringette Skills and Tactics both facilitated and taught.		TBD – likely integrated