



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: Parachuting

Discipline:

Context: Instruction – Intermediate (Coach 2)

Participant age group: 18+

Estimated number of participants: 1,000

Age range of coaches: 18+

Estimated number of coaches: 300

Date of conditional approval: March 2007

Official launch date (both official languages): December 2008

Outcomes trained and evaluated:

| Outcome | Trained | Evaluated |
|------------------------------------|---------|-----------|
| Make Ethical Decisions | T | E |
| Plan a Practice | T | E |
| Support to Athletes in Training | T | E |
| Analyze Performance | T | E |
| Design a Sport Program | T | n/a |
| Support the Competitive Experience | n/a | n/a |
| Manage a Sport Program | n/a | n/a |
| **Sport-specific outcomes | n/a | n/a |

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

None: Integrated program

Training Description:

Pre-requisite: Coach 1 certification

3-day workshop with integrated self-assessment and 4 jump evaluations

Evaluation Description:

Portfolio: 50 Jumps, 25 coaching contacts, 1 evaluated coach jump

Evaluation: 1 evaluated coach jump

Learning Facilitator & Evaluator training:

CSPA has a Learning Facilitator/Evaluator guide and LF/E reference manual which includes all pertinent information.

NSO Contact Information

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3 most innovative features of your program:

1. Extensive role playing during the training and evaluation process
2. Integration of evaluation (3 jumps) in the training process
3. Use of Portfolio to complete the certification process



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| OUTCOME | CRITERIA | Multi-sport module | Integration |
|---|---|--------------------|-------------|
| Make Ethical Decisions | <ul style="list-style-type: none"> Apply an ethical decision-making process (Comp-Int MED training and online evaluation done in Coach 1. Coach 1 is a pre-requisite for this workshop) | | x |
| Plan a Practice | <ul style="list-style-type: none"> Produce an organized Lesson (PAF) Plan that shows development of one or more sport skills and/or athletic abilities in a safe environment. Analyze the drop zone emergency action plan | | x |
| Design a Sport Program | <ul style="list-style-type: none"> Design a multi-jump sequence to ensure correct skill progression and to enhance learning | | x |
| Analyze Performance | <ul style="list-style-type: none"> Detect novice skydiver's performance using the skills grid Correct novice skydiver's performance using the skills grid | | x |
| Provide Support to Athletes in Training | <ul style="list-style-type: none"> Ensure that all aspects of the skills grid are presented and performed in a safe environment Implement an organized and structured jump plan that consolidates and refines sport skills and athletic abilities Make interventions that promote learning. Ensure proper mental preparation for a jump | | x |
| Support the Competitive Experience | n/a | | |
| Manage a Program | <ul style="list-style-type: none"> Ensure that a report is appropriately recorded in the novice's log book | | In part |
| SPORT SPECIFIC | n/a | | |