



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: Parachuting

Discipline:

Context: Instruction – Beginners (Coach 1)

Participant age group: 18+

Estimated number of participants: 1,000

Age range of coaches: 18+

Estimated number of coaches: 400

Date of conditional approval: June 24, 2005

Official launch date (both official languages): March 2005

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program	n/a	n/a
Support the Competitive Experience	n/a	n/a
Manage a Sport Program	n/a	n/a
**Sport-specific outcomes	n/a	n/a

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

None: Integrated program

Training Description:

- 3-day workshop with theoretical and practical requirements (20.5 Hrs)
- Integrated self-assessment modules throughout the course
- Innovative training techniques and training aids

Evaluation Description:

- 3 evaluated coach jumps (in training)
- Portfolio: Proof of practical coaching experience, final parachute coach jump evaluation, and transcript of successfully completed Make Ethical Decisions online evaluation (post training)

Learning Facilitator & Evaluator training:

- Initially 13 Learning Facilitators (LFs) and Evaluators (Es) were trained in a 3-day workshop
- Subsequent training of LFs and Es occurs biannually in a workshop setting
- Certification occurs when the trained LF/E is evaluated (challenged) by an MLF/ME
- Mentoring may occur at any point of the training process

NSO Contact Information

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3 most innovative features of your program:

1. Extensive role playing during the training and evaluation process
2. Integration of evaluation (3 jumps) in the training process
3. Use of Portfolio to complete the certification process



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OUTCOME	CRITERIA	Multi-sport module	Integration
Make Ethical Decisions	Apply an ethical decision-making process		x
Plan a Practice	Identify appropriate logistics to ensure a safe jump Produce a written jump plan Design an emergency action plan		x
Design a Sport Program	n/a		
Analyze Performance	Detect and correct parachuting performance		x
Provide Support to Athletes in Training	Verify safe jumping procedures Implement coached jumps Make interventions that promote learning (integration of 2 criteria from Comp-Int Teaching and Learning) Implement instructor practices that support participants in learning (Coach Journal)		x
Support the Competitive Experience	n/a		
Manage a Program	n/a		
SPORT SPECIFIC	n/a		