



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: Football

Discipline: Tackle

Context: Community Sport – Initiation

Participant age group: Under 13 Estimated number of participants: 20,000

Age range of coaches: 19+ Estimated number of coaches: 800

Date of conditional approval: April 10, 2006

Official launch date (both official languages): September 1, 2006

Outcomes trained and evaluated:

| Outcome | Trained | Evaluated |
|------------------------------------|----------------|------------------|
| Make Ethical Decisions | T | |
| Plan a Practice | T | |
| Support to Athletes in Training | T | |
| Analyze Performance | T | |
| Design a Sport Program | N/A | |
| Support the Competitive Experience | T | |
| Manage a Sport Program | N/A | |
| **Sport-specific outcomes | | |

Training Description:

One day workshop consisting of approximately 8.5 hours excluding breaks.

Critical Path includes Six Steps: Participants and Sport Needs, the Rules and Equipment of Tackle Football, Ethical Decision-Making, Fundamental Football Skills, Practice Planning and Safety, and Practice Coaching.

Activities include videos, mini-lectures, small group activities, pair tasks, Big Coach/Little Coach activities, and demonstration practices.

Evaluation Description:

Football Canada will develop evaluation for certification for this context in the future.

Learning Facilitator & Evaluator training:

Football Canada has developed a roster of Master Learning Facilitators to conduct training for Learning Facilitators identified by the provincial associations as suitable to conduct coach training workshops and modules in each province.

NSO Contact Information

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Coaching
Association
of Canada

Association
canadienne
des entraîneurs

3 most innovative features of your program:

1. Easy to follow Learning Facilitator Guide which clearly identifies the learning objectives for each section and applicable learning activities with notes for facilitation.
2. The Skills and Drills CD enables coaches to navigate to the appropriate mechanics.
3. Provides a well-defined coach's self-assessment tool.

| OUTCOME | CRITERIA | Multi-sport module | Integration |
|---|---|--|--------------------|
| Make Ethical Decisions | Applies an ethical decision-making process. | Community Sport workshop kit for NSOs. | |
| Plan a Practice | Plans activities in a safe practice environment. | Community Sport workshop kit for NSOs. | |
| Design a Sport Program | N/A | | |
| Analyze Performance | Detects and corrects basic skill errors for tackle football. | | |
| Provide Support to Athletes in Training | Leads participants in appropriate activities for contact football. | Community Sport workshop kit for NSOs. | |
| Support the Competitive Experience | Models exemplary behaviour at practice and during practice and competition. | Community Sport workshop kit for NSOs. | |
| Manage a Program | N/A | | |
| SPORT SPECIFIC | | | |
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