



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: Football

Discipline: Flag

Context: Community Sport – Initiation

Participant age group: Under 13 Estimated number of participants: 40,000

Age range of coaches: 16+ Estimated number of coaches: 1,600

Date of conditional approval: February 16, 2007

Official launch date (both official languages): September 1, 2007

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	
Plan a Practice	T	
Support to Athletes in Training	T	
Analyze Performance	T	
Design a Sport Program	N/A	
Support the Competitive Experience	T	
Manage a Sport Program	N/A	
**Sport-specific outcomes		

Training Description:

One day workshop consisting of approximately 8 hours excluding breaks.

Critical Path includes Six Steps: Participants and Sport Needs, the Rules and Equipment of Flag Football, Ethical Decision-Making, Fundamental Flag Football Skills, Practice Planning and Safety, and Practice Coaching.

Activities include videos, mini-lectures, small group activities, pair tasks, Big Coach/Little Coach activities and demonstration practices.

Evaluation Description:

Football Canada will develop evaluation for certification for this context in the future.

Learning Facilitator & Evaluator training:

Football Canada has developed a roster of Master Learning Facilitators to conduct training for Learning Facilitators identified by the provincial associations as suitable to conduct coach training workshops and modules in each province.

NSO Contact Information

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3 most innovative features of your program:

1. Easy to follow Learning Facilitator Guide which clearly identifies the learning objectives for each section and applicable learning activities with notes for facilitation.
2. The Skills and Drills CD enables coaches to navigate to the appropriate mechanics.
3. Provides a well-defined coach's self-assessment tool.



Coaching
Association
of Canada

Association
canadienne
des entraîneurs

OUTCOME	CRITERIA	Multi-sport module	Integration
Make Ethical Decisions	Applies an ethical decision-making process.	Community Sport workshop kit for NSOs.	
Plan a Practice	Plans activities in a safe practice environment.	Community Sport workshop kit for NSOs.	
Design a Sport Program	N/A		
Analyze Performance	Detects and corrects basic skill errors for flag football.		
Provide Support to Athletes in Training	Leads participants in appropriate activities for non contact football.	Community Sport workshop kit for NSOs.	
Support the Competitive Experience	Models exemplary behaviour at practice and during practice and competition.	Community Sport workshop kit for NSOs.	
Manage a Program	N/A		
SPORT SPECIFIC			