



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: Athletics

Discipline:

Context: Instructor

Participant age group: 7-12

Age range of coaches: 16 -75

Date of conditional approval: October 2005

Official launch date (both official languages): September 2006

Estimated number of participants: 25,000 to date

Estimated number of coaches: 110+ to date

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program	N/A	N/A
Support the Competitive Experience	N/A	N/A
Manage a Sport Program	N/A	N/A
**Sport-specific outcomes	N/A	N/A

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

None

Training Description:

The Athletics Canada (AC) Run-Jump-Throw (RJT) NCCP workshop introduces participants to the progressions used to teach fundamental motor skills and track and field skills to children aged 7-12. At the end of the workshop, participants will be designated as NCCP RJT Trained and as such, will be registered with the Coaching Association of Canada's NCCP Database. Course participants will receive a RJT manual and all NCCP materials including a CD-ROM with video clips demonstrating each of the skill progressions for easy reference following the workshop. Following the NCCP-RJT workshop, participants will be able to:

- Use progressions to teach fundamental motor skills to children
- Understand and apply the progressions used to teach basic track and field skills
- Apply Run, Jump, Throw activities to other sport programs (soccer, basketball, volleyball, floor hockey)
- Coach grassroots track and field athletes in a track club or school program

Evaluation Description:

- Coach observation
- Completion of the online evaluation of Make Ethical Decisions
- Completion of the AC RJT NCCP online Analyze Performance module (to be piloted in March 2006)

Learning Facilitator & Evaluator training:

- LF and Evaluator must meet AC LF and Evaluator Guidelines
- LF and Evaluator training done at the same time. Training is 3.5 days long.

NSO Contact Information

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3 most innovative features of your program:

1. Inclusion and use of Dartfish technology in the workshop and in the take-home materials
2. Online evaluation of the Analyze Performance module (to be piloted in March 2006)
3. Practical teaching and hands-on experience within workshop attendance.



Coaching
Association
of Canada

Association
canadienne
des entraîneurs

OUTCOME	CRITERIA	Multi-sport module	Integration
Make Ethical Decisions	<ul style="list-style-type: none"> Apply an ethical decision making process 		X
Plan a Practice	<ul style="list-style-type: none"> Organize a series of lesson activities into a plan that enhances the learning of one or more skills Design an emergency action plan EAP 		X
Design a Sport Program			
Analyze Performance	<ul style="list-style-type: none"> Detect an correct performance 		X
Provide Support to Athletes in Training	<ul style="list-style-type: none"> Ensure that the lesson environment is safe Implement an appropriately structured and organized lesson Make intervention that promote learning 		X X
Support the Competitive Experience			
Manage a Program			
SPORT SPECIFIC			