



## Sport: Federation of Canadian Archers

Discipline:

Context: Instruction - Beginners

Participant age group: Child to Adult

Estimated number of participants: 5000

Age range of coaches: 16 - Adult

Estimated number of coaches: 700

Date of conditional approval: March 30<sup>th</sup>, 2005

Official launch date (both official languages): July 1<sup>st</sup>, 2005

### Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	E
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program		
Support the Competitive Experience		
Manage a Sport Program		
**Sport-specific outcomes		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

Integrated Program

### Training Description:

- 10 hour workshop – One Evening and One Day. Can be delivered in modules over several days.
- Various coach activities throughout Training: String Serving, Stringing a bow, Finding arrow length, Archery Games, Teaching Progressions Selecting appropriate equipment, Ethical scenarios
- Complete weave of multi-sport materials. Uses Multi-sport planning a practice and Make Ethical Decisions as a template and adds sport specific material where appropriate.
- Coach must sign code of conduct upon completion of workshop

### Evaluation Description:

- One Day (4 hour) Evaluation following training. Coaches must teach a novice archer and participate in solving various case studies. Key evidences are verified throughout evaluation.
- Coach completes portfolio following Evaluation Day in order to achieve certification. Coaches are given one season to complete portfolio requirements. Portfolio includes; Lesson Plan, EAP, Observation Plan, Coach self assessment, Assessment from parent/archer, Assessment from administrator.
- Coach must complete Make Ethical Decisions Online Evaluation prior to submitting portfolio

### Learning Facilitator & Evaluator training:

- Learning Facilitator / Evaluator Training was implemented over two days on April 2-3, 2005. National representation from Provinces / Regions

### NSF Contact Information

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### 3 most innovative features of your program:

1. Use of Multi-sport materials as template for sport specific information
2. Evaluation follow-up through submission of portfolio
3. Multiple Assessment opportunities leading to Evaluation for certification



<b>OUTCOME</b>	<b>CRITERIA</b>	<b>Multi-sport module</b>	<b>Integration</b>
Make Ethical Decisions	<ul style="list-style-type: none"> <li>▪ Apply correctly the ethical decision making framework</li> </ul>	Part A Make Ethical Decisions	YES
Plan a Practice	<ul style="list-style-type: none"> <li>▪ Create an appropriate and safe lesson for a beginner archer</li> <li>▪ Design an Emergency Action Plan</li> </ul>	Part A Plan a Practice	YES
Design a Sport Program	<ul style="list-style-type: none"> <li>▪</li> </ul>		
Analyze Performance	<ul style="list-style-type: none"> <li>▪ Apply 5 Can Bow steps for instructing a beginner archer</li> <li>▪ Detect and correct performance of a beginner archer</li> </ul>		
Provide Support to Athletes in Training	<ul style="list-style-type: none"> <li>▪ Ensure that the lesson environment is safe</li> <li>▪ Implement an appropriately structured and organized lesson</li> <li>▪ Make interventions that promote learning</li> <li>▪ Implement instructor practices that support participants in learning.</li> </ul>		
Support the Competitive Experience			
Manage a Program			
SPORT SPECIFIC			