

Ringette and/or Floor Hockey Toolbox



Modified Game Rules

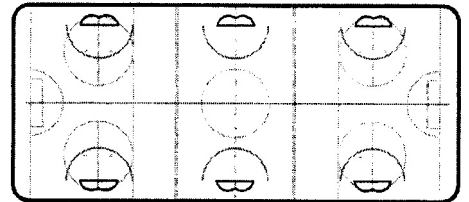
The official rules of the game have been modified to meet the developmental needs of the entry-level, bunny-aged player. The playing surface has been shortened and the rules simplified to introduce the players to the game and to allow for them to have lots of activity and fun.

Safety should be reinforced at all times. There is no body contact and no high sticking in the sport of ringette. Each team has three skaters and one goalkeeper on the ice at a time. All players should rotate through the goalkeeper position. The diagrams below show the rink markings that could be used. A blue line and creases will have to be marked on the ice using paint. Please confirm with the arena manager that this is acceptable.

Three Games at Once

The game begins with the visiting team taking the free pass at the center of the blue line. The other players must give the shooting player about 5 meters of space to pass or shoot the ring into play.

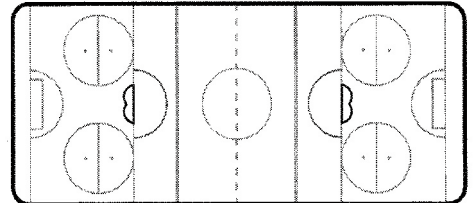
The ring must be passed, shot with the stick, deflected, batted or legally kicked with the side of the skate blade to another player across each blue line.



One Game – Shortened Ice

The game begins with the visiting team taking the center-ice free pass. The player has 5 seconds to put the ring into play by passing or shooting it. To start the second half, the home team takes the free pass.

The ring must be passed, shot with the stick, deflected, batted or legally kicked with the side of the skate blade to another player across the red line.



Additional Rules

- Only the goalkeeper is allowed in the crease.
- Players can play anywhere except the crease.
- The player taking the free pass is the only one allowed in the circle or designated area.
- A player may not raise the playing end of the stick above standing shoulder height at any time during the game.

Game Organization

- All players are given equal ice time.
- The clock should be stopped every 2 minutes stop time to 3 minutes running time for line changes.
- Coaches should go on the ice with the players to encourage them to play their positions and continue to explain the rules.
- Coaches should explain all calls.
- If a penalty is assessed, the player should have the call explained. The team does not play short-handed.
- Scores should not be kept.
- Coordinators should try to balance out the teams so that they are as even as possible.